



# Grandiose Utterings of Monaco South

(GUMS)

March 12, 2010  
Vol. 34, Issue 24

## The Optimist Club of Monaco South

Founded in 1976 at Denver, Colorado  
Serving Youth and the Community for 34 Years

[www.monacosouth.org](http://www.monacosouth.org)

Editor for this Issue—Ralph Petersen



### Good Morning Optimists!

Terry Shroyer (Director) and Steve (Thumper) Kady were on duty as greeters today; good job guys! They got us off to a good start for the meeting and for the day.

### Invocation and Pledge

Keith Gallaway gave a prayer in memory of Bill Turman, who recently passed on. A memorial service will take place after Easter. Watch for specifics in a future newsletter. Bill retired from Public Service Company, before it was Xcel Energy. He joined us in March of 1987; his booming voice will be missed, along with his humor.

### St. Patrick's Day

We started the celebration early when President Ron Cisco introduced Cy Regan and the MSOC Irish Chorus. Craig Eley wore a hat that made him look like *The Mad Hatter* or *The Cat in the Hat*. They sang *When Irish Eyes Are Smiling*, *My Wild Irish Rose*, and *I'm Looking*



Photo by Don StJohn

*Over a Four Leaf Clover.* The heart-stopper was Cy's beautiful rendition of *Oh Danny Boy*, a sad song of a father's love for his son, who is going off to war. Thanks, Cy and chorus. *WHEN IRISH HEARTS ARE HAPPY, ALL THE WORLD SEEMS BRIGHT AND GAY.* Not Cy, but a nice sing-along site: <http://www.contemplator.com/ireland/irisheye.html>.



MSOC Irish Chorus, from R to L: Ed Collins, Fred Pasternack, Frank Ross, Don StJohn, Craig Eley, Ron Carlson, John Young, Gary Strowbridge, Leo Hagele, new member Jim Tapp, and Cy Regan, standing in front.

Meeting Place  
American Legion Hall Post 1  
5400 East Yale Avenue (Yale & I-25), Denver, Colorado  
Every Friday Morning, 7:00 – 8:00 am  
\*\*\*INVITE A FRIEND TO JOIN\*\*\*

## Utterings from Prez Ron

**2010 Eagle Scout Awards:** As announced last week many attended the 2010 Eagle Scout Award Recognition Banquet.

**President Ron** was the presenter at this event. He gave credit and recognition to **John Young** who provided the trophies. As **Donlie Smith** reported our own **Jack Kleinheksel** received an Outstanding Eagle Scout Award.



Jack on the right, in his scout uniform, is recognized by those in attendance.

Photo by Mike Snipes

## Announcements

**Super Citizens:** **Don Thomson** reported that we are taking the Super Super Citizens on a trip to the Museum of Nature and Science on Thursday, April 8<sup>th</sup>. Six super citizens from ten schools will attend the Expedition Health program. Admission and lunch is free to all students, teachers, and MONACO SOUTH OPTIMISTS who attend. Call Don for specifics, questions, and your reservation at: 303-757-4273 or cell 303-918-4595.

### **Research Study on Low Back Pain and Pilates:**

**Don Thomson** is currently working with Lise Stolze, MPT after back surgery. He highly recommends her and Steadman Hawkins Clinic Denver. For info go to: [www.lstolze.wordpress.com](http://www.lstolze.wordpress.com) or contact her at [lstolze@regis.edu](mailto:lstolze@regis.edu) or 303-919-6312. You may qualify! Insurance and Doctors prescription required.

**Wine Tasting:** The DTC Optimist Club will hold a wine tasting fund raiser on Saturday, March 20<sup>th</sup> from 2:00 to 4:00 pm, at the Citron Bistro, located on Yosemite, just south of Hampden. The cost is \$30 each or \$35 at the door. Hors d'Oeuvres provided by the Citron Bistro. Come and enjoy! See **Karl Geil, Tom**



**Overton, Paul Simon**, and other DTC Optimist club members for more information

**Colorado History Day:** **Karl Geil** also reminded us that the DPS's Regional History Day Tournament is on April 10<sup>th</sup> at Hill Campus of Arts and Sciences (formerly Hill Middle School). And that, the state History Day Contest for 2010 will be on **Saturday, May 1<sup>st</sup>**, hosted by the History Department of the University of Colorado Denver, on the Auraria Campus. Please see Karl to be a judge.



**9Health Fair: Howard (Howie) Fry** reminded us that the 9 Health Fair will be April 25, 2010 at Schlesmen's YMCA. See the website: <http://www.9healthfair.org/>.

**Camaraderie Day Next Week:** **Frank Middleton** announced "Musical Chairs" next week; everyone will be carded. Frank also announced his retirement from US Bank on April 2<sup>nd</sup>. Congratulations or condolences, take your pick Frank!

**St. Pat's Parade:** **Gary Strowbridge** reminded the volunteer "Pooper Scoopers" to meet at 7:30 am for breakfast Saturday, March 13<sup>th</sup> prior to the fun. It all started in 1962 through efforts of three gentlemen, with one truck serving as the first float, the Junior Police Band, the Drum and Bugle Corp, and marching school children making up less than 500 individual participants. The parade was witnessed by a handful of local dignitaries and very few spectators. Now the parade is the largest west of the Mississippi River with close to 10,000 marchers.

**Furry Scurry:** Dumb Friends League invites residents and their dogs to walk Washington Park to provide care for pets. It won't be your typical walk in the park on Saturday, May 1<sup>st</sup>. That's the day the League will host its annual event, one of the largest walks for animals in the nation, drawing nearly 10,000 pet lovers and 5,000 dogs each year. Because the League celebrates 100 years of helping pets and people this year, it has set a centennial goal of raising \$1 million through Furry Scurry donations. **Don St. John** is recruiting volunteers to be at Washington Park at 5:30 am to watch the sun rise and enjoy the coolness of the morning. The two-mile walk begins at 9:00 am. The Park is at 1000 S Downing Street.



**World Sport Cup Stacking:** Get involved as a judge for the World Sport Cup Stacking Championship, to be held at Magness Arena University of Denver on April 10<sup>th</sup>, 7:30 am to 3:00 pm, and April 11<sup>th</sup>, 7:30 am to Noon. Our club would receive \$40 for each member who volunteers. A signup sheet is available from **Greg Young**, For more info call Greg at 303-759-3921 or [gndyoung@comcast.net](mailto:gndyoung@comcast.net).



**Golf Anyone!** For the past several years, a group of Tamarac and Monaco South Optimist Club members and spouses have played a 9-hole round of golf late on Tuesday afternoons—June through September. This is not "serious" golf, but they usually play a regulation course. Golfers take turns hosting, and this includes providing a meal and drinks after the round as well as lining up tee times at the course selected for that week. An organizational meeting will be held on April 13<sup>th</sup>. If this sounds like something you might be interested in, call **Joyce or Don Thomson**, 303-757-4273 or **Kathy or Jack Rife**, 303-756-8042.



Continued on next page

## Our Speakers Today, Julia Wagner & Kathy Foss O'Hare

Rich Wagner proudly introduced his wife, Julia, to talk about the **2010 National Veterans Wheelchair Games** whose 30<sup>th</sup> annual competitions will be held in Denver, July 4 - 9, 2010. Julia and Kathy together told of the many events where these courageous fellows compete: bowling, rugby, table tennis, soccer, slalom, basketball, softball, weightlifting, kayaking, trapshooting, swimming, and more! Registration is at the Colorado Convention Center. They will use several venues: Civic Center



Julia, on left, with Kathy, tell their story.  
Photo by Don StJohn

Park, Hyatt ballroom, Brunswick Zone, Invesco Field at Mile High, Cherry Creek Gun Club, Fishback Landing Park, Apex Meyers Pool, and others. They need volunteers; applications were available from the Department of Veterans Affairs. Opportunities include: Awards, Baggage Handlers, Block Party, Crossing Guards, Food Service, Hospitality, Kid's Day, Merchandise, Registration, Transportation, etc. To volunteer see Rich or call Julia 303-362-5328 or 303-393-5159, or complete the attached Veterans Affairs volunteer form.

## Announcements Cont.

**MSOC Directory Update:** Tom Mauro is again overseeing the directory update. Make corrections or place an ad by talking with Tom or **Craig Eley**.



**Election of 2010-2011 Officers:** Oscar Sorensen is seeking candidates for the Club's leadership and Board of Directors. If interested please contact Oscar at 303-870-4493.

**Grocery Card Sales:** Cy Regan was a bit disappointed today; only \$675 in sales. Next week we will get back up to \$1,000 plus. Please join the purchasers of grocery cards; \$25 denominations, good at King Soopers or Safeway. The club retains 5% for an easy (for us) means of raising funds for kids. Thanks, Cy, for doing this every week!

**Don't Forget our Guests:** Past president Phil Perington again brought two guests: 1) John Scott who also provided an application for membership and a check. 2) Conrad, a future member surely. Good job, Phil!

**Weekly Greeters:** Coordinated by Dick Cohen, 303-320-1767 or [richardcohen@hotmail.com](mailto:richardcohen@hotmail.com).

Weekly Greeters	
Date	Greeters
3/19/10	Al Gapuzan & Rich Mahoney
3/26/10	Russ Paul & George Vassilaros
4/2/10	Frank Middleton & Tom McKee
4/9/10	Robert Avery & Paul Glieditsch
4/16/10	Greg Hurd & Woody Thibodeau

Super Citizen Presenters for March		
Day	School	Presenter
19 @ 9:10 am	Holm	John Stoffel
19 @ 3:00 pm*	Bradley	Keith Gallaway
24 @ 1:20 & 2:05 pm	McMeen	Harry Fegley
24 @ 2:30 pm	MPB	Bill Litchfield
		* Note date change

## Monaco South Calendar

Mar 16	Tue	Liberty Day Awards, Phil Perington
Mar 17	Wed 6:30 pm	District 4 Council Office, 3540 South Poplar Street, Suite 102
Mar 19	Fri 7:00 am	Meeting, Legion Hall - Camaraderie Day
Mar 20	Sat 1:30	Tri-Star Basketball District Finals, Nuggets Game, see Jack Rife
Mar 20	Sat 2:00 - 4:00 pm	DTC Optimist Club Wine Tasting, Citron Bistro
Mar 26	Fri 7:00 am	Meeting, Legion Hall - Gary Maitland, Organ Transplants

Mark you calendar

Apr 10	Sat	DPS's Regional History Day Tournament, Hill Campus of Arts and Sciences
Apr 10 & 11	Sat & Sun	World Sport Cup Stacking, Magness Arena University of Denver
May 1	Sat	State History Day Contest, Auraria Campus
May 1	Sat 5:30 am	Furry Scurry, Washington Park

**Past Presidents of the  
Optimist Club of Monaco South**

Bob Rhue	1976-77	Gary Strowbridge	1993-94
Jerry Whitlow	1977-78	Mark Metevia	1994-95
Bill Kosena	1978-79	Bob Safe	1995-96
Duane Wehrer	1979-80	Tom Overton	1996-97
Curt Jefferies	1980-81	Peter Dimond	1997-98
Frank Middleton	1981-82	Ralph Symalla	1998-99
John Young	1982-83	Cy Regan	1999-00
Pat Bush	1983-84	Stan Cohen	2000-01
Bob Hugo	1984-85	Don St. John	2001-02
Tom Mauro	1985-86	Jack Rife	2002-03
Curt Lorenzen	1986-87	Karl Geil	2003-04
Oscar Sorensen	1987-88	Bryce Slaby	2004-05
Lupe Salinas	1988-89	Donlie Smith	2005-06
Bob Avery	1989-90	Paul Bernard	2006-07
Bill Litchfield	1990-91	Greg Young	2007-08
Bill Walters	1991-92	Phil Perington	2008-09
Kent Gloor	1992-93		

**2009 - 2010 Officers**

President	Ron Cisco	303-794-0749
Vice President	Howard Fry	303-601-5088
Vice President	Frank Ross	303-713-1008
Secretary	Robert Wardlaw	303-759-0360
Treasurer	Greg Young	303-759-3921

**Board of Directors**

George Buzick	303-803-2268
Michael Chavez	303-960-5304
Jim Easton	303-300-2431
Don Iley	303-840-7706
O.C. Larson	303-755-1213
Randy Marcove	303-667-3663
Gary Miller	303-751-0838
Terry Shroyer	303-757-7944
Kale Smith	720-207-4363
Phil Perington (Past Pres.)	303-832-4578

**Newsletter Committee**

Robert Finkelmeier	303-756-5829	<a href="mailto:rfinkelmeier@comcast.net">rfinkelmeier@comcast.net</a>	Jim Piccinelli	303-721-1470	<a href="mailto:jp Piccinelli@earthlink.net">jp Piccinelli@earthlink.net</a>
Marc Goodbody	303-202-1610	<a href="mailto:mlgoodbody@gmail.com">mlgoodbody@gmail.com</a>	Dick Zolman	303-796-8746	<a href="mailto:rzolman691@aol.com">rzolman691@aol.com</a>
Marlin Kent	303-779-0778		Phil Perington	303-832-4578	<a href="mailto:perington@msn.com">perington@msn.com</a>
Jim Leuschner	720-851-7102	<a href="mailto:flyleusch@aol.com">flyleusch@aol.com</a>	George Buzick	303-803-2268	<a href="mailto:gtbuzick@comcast.net">gtbuzick@comcast.net</a>
Ralph Pedersen	303-759-3384	<a href="mailto:pedersen.ralph@q.com">pedersen.ralph@q.com</a>	Brian Williams	720-253-5731	<a href="mailto:bdw6688@yahoo.com">bdw6688@yahoo.com</a>

**NEWSLETTER EDITORS:** Mar. RALPH PEDERSON, Apr. PHIL PERINGTON, May GEORGE BUZICK, Jun. BRAIN WILLIAMS

**THE OPTIMIST CREED — Promise Yourself . . .**

- To be so strong that nothing can disturb your peace of mind.
- To talk health, happiness and prosperity to every person you meet.
- To make all your friends feel that there is something in them.
- To look at the sunny side of everything and make your optimism come true.
- To think only of the best, to work only for the best, and to expect only the best.
- To be just as enthusiastic about the success of others as you are about your own.
- To forget the mistakes of the past and press on to the greater achievements of the future.
- To wear a cheerful countenance at all times and give every living creature you meet a smile.
- To give so much time to the improvement of yourself that you have no time to criticize others.
- To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.

**PERIODICAL POSTAGE PAID  
AT DENVER, COLORADO AND**

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Marc Goodbody  
3235 YARROW CT  
WHEAT RIDGE, CO 80033-5980