



# Grandiose Utterings of Monaco South

(GUMS)

July 23, 2010  
Vol. 34, Issue 43

## The Optimist Club of Monaco South

Founded in 1976 at Denver, Colorado  
Serving Youth and the Community for 34 Years

[www.monacosouth.org](http://www.monacosouth.org)

Editor for this Issue—OC Larson



### Good Morning Optimists!

President **Ron Cisco** called our meeting to order at 7:00 am sharp and gave the morning invocation followed by leading us in the Pledge of Allegiance.

Another morning without a guest. We need to just ask and guests will come.

Official greeters this morning was Vice President **Frank Ross** and yours truly OC Larson, substituting for **George Buzick**.

Pres **Ron** read a thank you letter for our member **Richard Kerr** who organized a donation of 28 cases of water, obtained by **Rich Wagner** from the National Veterans Wheelchair Games, for the Dinosaur Ridge a non-profit organization located on West Alameda Parkway in Morrison. Dinosaur Ridge founded in 1989 with the purpose of preserving the fossils on Dinosaur Ridge. They have preserved over 300 dinosaur tracks and many dinosaur bones which are displayed. You can learn more at <http://www.dinoridge.org/>.



### Announcements

**Update on Cy:** **Cy Regan** is doing well with his hip replacement. He is in room 4105 at Porters Hospital. Give him a call, let him know we miss him.

**Brent's Place:** **Paul Bernard** reminded us that Sunday, July 25 at 5:30 am. We will be flipping and serving pancakes for Brent's Place, Kids Cure for Cancer, Washington Park. Paul could use a couple more volunteers. See Paul.

**Mudd Volley Ball Tournament:** **Joe Marci** said we will be parking cars for the Mudd volley ball March of Dimes fundraiser, Saturday, August 7<sup>th</sup>. You need to be there from 6 to 9 am. The club will buy breakfast.

**CO/WY District Convention:** Greg Young announced the will be August 20-22, see attached. The club will pay registration fee and lunch.

**This Weeks Super Market Sales:** **Donlie Smith,**

sitting in for **Cy**, announced super market sales of \$1,450. Good job guys! Keep it coming!



**Drawing:** Due to a mysterious force our guest speaker won the \$60 jackpot this week, thanks in kind to **John Young** who made the donation out of his own pocket. Thanks John! Next week the pot will be \$70.

The following members had their lucky number's called: **Ron Cisco, Ron Carlson, Tom McKee, Robert Duvall, Phil Perington, Ron Carlson** (again), **Bryce Slaby**, and lastly **Ron Carlson** (that's just not right - three times). *Mix those tickets up—darn it!*

Meeting Place  
American Legion Hall Post 1  
5400 East Yale Avenue (Yale & I-25), Denver, Colorado  
Every Friday Morning, 7:00 - 8:00 am  
\*\*\*\*INVITE A FRIEND TO JOIN\*\*\*\*

## Guest Speaker

**Dan Hugo** introduced our guest speaker this morning. Shari Shink she is the founder of the Rocky Mountain Children's Law Center (<http://www.rockymountainchildrenslawcenter.org/>) that represents children who are the victims of extreme child abuse.



*The Rocky Mountain Children's Law Center was founded in 1981 to address the lack of quality legal representation for abused and neglected children in Colorado. Without effective legal advocacy, these children were drifting in foster care for years on end, not receiving the physical and mental health care they needed, and often subjected to dangerous living conditions.*

*The Rocky Mountain Children's Law Center is appointed by the court to protect the best interests of our child clients, most of whom have been removed from abusive homes. We go beyond typical legal advocacy to guarantee our child clients' lives are safe and stable by ensuring they are not in state care for more than a year, unnecessarily moved from one home to another, separated from their siblings, denied crucial mental health treatment or forced out of the system without anyone to rely on as they transitioned to adulthood.*

*In its 29 years, the Children's Law Center has:*

- *Saved the lives of 9,526 children*
- *Provided resources to more than 29,743 crisis callers*
- *Recruited 1,030 volunteer attorneys to advocate for children*
- *Achieved dramatic systemic reform through four dozen public policy initiatives*
- *Trained and empowered 3,840 foster parents to advocate for their foster children\**

\*Taken from Rocky Mountain Children's Law Center's website @ <http://www.rockymountainchildrenslawcenter.org/>



Photo Don StJohn

## Update on Peaches

From the Denver Post last week. The grower is planning his first trip over to Denver in mid-August. If interested in placing an order, please contact **Bob Finkelmeier**. An order form with the box/lug price will be available next Friday.



now he seems afraid to even get out of his wheel chair. Perhaps his lack of desire to walk is another reason New Dawn does not encourage him to do that. Jackie Dobrovolny.

Should anyone like to visit Gerald, he is at New Dawn of Aurora, 2000 South Blackhawk Street, Aurora, CO 80014.

Weekly Greeters	
Date	Greeters
7/30/10	Terry Shroyer & Russ Paul
8/6/10	Phil Perington & Al Perington
8/13/10	Frank Ross & Les Larson
8/20/10	Robert Wardlaw & George Vassilaros
8/27/10	OC Larson & Jon Wachter

**From Gerald Davis' Daughter:** Attached is a photo of Dad. He is looking at a scrap book Mom put together to save all of the cards from her wedding showers. The activities director at New Dawn had a wedding week with lots of related activities and she asked families to bring in wedding "stuff." I took over



some wedding pictures and the scrap book. Janet, Dad's caregiver, is finding it more and more difficult to get Dad in and out of her car. He is very stiff and inflexible. Last week she reported, "His right knee is

contracted to about minus 70 degrees of being able to straighten, the left knee maybe 35 degrees from straightening." Unfortunately, New Dawn does not provide any formal physical therapy. When Kaiser prescribed it, the physical therapists seemed to have trouble with Dad as he did not trust them or want to participate. New Dawn is reluctant to get Dad to even walk because they are afraid he will fall and they have decided he is a "two person lift." It used to be Dad wanted to walk but

## New Wine for Seniors

I kid you not....New Wine for Seniors. California vintners in the Napa Valley area, which primarily produce Pinot Blanc, Pinot Noir and Pinot Grigio wines, have developed a new hybrid grape that acts as an anti-diuretic.



It is expected to reduce the number of trips older people have to make to the bathroom during the night.

The new wine will be marketed as **PINO MORE!**

I HEARD IT THROUGH THE GRAPEVINE  
*I just could not help it.*

## Monaco South Calendar

- Jul 30 Fri 7:00 am Meeting, Legion Hall - Kathy Groth, Vice Chair, Aurora Public Library  
*What public libraries can do for you.*
- Aug 6 Fri 7:00 am Meeting, Legion Hall - Andrew Romanoff, *Candidate US Senate*
- Aug 7 Sat 6:30 am **March of Dimes MUDD Volleyball Assist with Parking, Majestic Commerc**  
**center, Aurora**
- Aug 13 Fri 7:00 am Meeting, Legion Hall - Bob Finkelmeier, *Optimist Internet Safety Program*
- Aug 18 Wed 6:30 pm Board Meeting, District 4 Council Office, 3540 S. Poplar St., Suite 102
- Aug 20 Fri 7:00 am Meeting, Legion Hall - Camaraderie Day
- Aug 27 Fri 7:00 am Meeting, Legion Hall - Mike Befeler, *Aging and Other Minor Inconveniences*
- Sep 3 Fri 7:00 am Meeting, Legion Hall - Speaker TBA
- Sep 10 Fri 7:00 am Meeting, Legion Hall - Curt Huber, *American Lung Association*
- Sep 15 Wed 6:30 pm Board Meeting, District 4 Council Office, 3540 S. Poplar St., Suite 102

**Past Presidents of the  
Optimist Club of Monaco South**

Bob Rhue	1976-77	Gary Strowbridge	1993-94
Jerry Whitlow	1977-78	Mark Metevia	1994-95
Bill Kosena	1978-79	Bob Safe	1995-96
Duane Wehrer	1979-80	Tom Overton	1996-97
Curt Jefferies	1980-81	Peter Dimond	1997-98
Frank Middleton	1981-82	Ralph Symalla	1998-99
John Young	1982-83	Cy Regan	1999-00
Pat Bush	1983-84	Stan Cohen	2000-01
Bob Hugo	1984-85	Don St. John	2001-02
Tom Mauro	1985-86	Jack Rife	2002-03
Curt Lorenzen	1986-87	Karl Geil	2003-04
Oscar Sorensen	1987-88	Bryce Slaby	2004-05
Lupe Salinas	1988-89	Donlie Smith	2005-06
Bob Avery	1989-90	Paul Bernard	2006-07
Bill Litchfield	1990-91	Greg Young	2007-08
Bill Walters	1991-92	Phil Perington	2008-09
Kent Gloor	1992-93		

**2009 - 2010 Officers**

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Vice President	Frank Ross	303-713-1008
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Treasurer	Greg Young	303-759-3921

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Randy Marcove	303-667-3663
Gary Miller	303-751-0838
Terry Shroyer	303-757-7944
Kale Smith	720-207-4363
Phil Perington (Past Pres.)	303-832-4578

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**NEWSLETTER EDITORS:** July **OC LARSON**, Aug **RALPH PEDERSON**, Sept **PHIL PERINGTON**, Oct **GEORGE BUZICK**

**THE OPTIMIST CREED — Promise Yourself . . .**

- To be so strong that nothing can disturb your peace of mind.
- To talk health, happiness and prosperity to every person you meet.
- To make all your friends feel that there is something in them.
- To look at the sunny side of everything and make your optimism come true.
- To think only of the best, to work only for the best, and to expect only the best.
- To be just as enthusiastic about the success of others as you are about your own.
- To forget the mistakes of the past and press on to the greater achievements of the future.
- To wear a cheerful countenance at all times and give every living creature you meet a smile.
- To give so much time to the improvement of yourself that you have no time to criticize others.
- To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.

**PERIODICAL POSTAGE PAID  
AT DENVER, COLORADO AND**

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