



Grandiose Utterings of Monaco South (GUMS)

August 8, 2014 – Vol. 39, Issue 40



Optimist Club of Monaco South



Founded in 1976 at Denver, Colorado
Serving Youth and the Community for 37 Years
Recognized as Outstanding Service Organization in Colorado in 2012

www.monacosouth.org

Editor for this Issue—Robert Wardlaw



Good Morning Optimist & Welcome!

On this Friday morning, which is a day to recognize International Cat Day, Kool-Aid Day, Odie Day (Garfield's pal), or National Frozen Custard Day we come together to celebrate Monaco South Optimist. **Tom Glazier** and **Allen Malask** are our greeters this morning, displaying "cheerful countenance."



Invocation & Pledge

Paul Simon delivers the invocation this morning, asking for the ability to "work for the best and expect the best" — it can be done. He then leads us in the Pledge of Allegiance to our flag.

From the Prez

After greeting, the assembled **President Jon** asks us to greet those around us and connect with other members. He then asks for any guests this morning and there are several.

Guests

Ron Gustas introduces Meredith and Anastasiya Rozdilsky, along with Jeff Gartz President of the Type 1 Diabetes Optimist Club. Anastasiya was diagnosed in March with Type 1 diabetes and Meredith tells us the experience at Camp Colorado was wonderful and filled them with hope. Scott King, acting chairman from Camp Colorado is also here and will tell us more about this camp as our speaker this morning. Bill Morgan has come to join us and get another look at the layout. **Dick Nickoloff** introduces his son Peter who is visiting from Maryland. Peter says it is nice to see what it is that has involved his dad all these years—welcome Peter! Bob Winterfield is back for another meeting after submitting his application and check last week. Good to have you join us!

Additionally in our midst this morning is **Curt Merrill**, Zone 8 District Lt. Governor. Curt shares insights from the 96th Optimist International Convention held in Las Vegas. The new incoming OI President is

young and has lots of new ideas on how to lead the organization. Curt also reminds us of the upcoming CO-WY District 25 Convention at the Little American Hotel, in Cheyenne, WY, August 22-24. Incoming District Governor, Abigail Nicholas will have guest speakers and new business to discuss. Hope to see you there!

Announcements

March of Dimes MUDD Volleyball: **Greg Hurd** reports that the Monaco South PP'ers (Parking Professionals) were hard at it again at the 2014 March of Dimes Mudd Volleyball fundraiser last Saturday. With the monsoon season in full action, he said they had to adjust their thinking. There was mud everywhere and the PP could only park vehicles on half of the field normally used. The eager crew was on time at 6 a.m. and ready for action — "well most of us were," he said.



Photo Steve Kady

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Celebrate Your Optimism Gala

MARK & CHANGE YOUR CALENDAR the MSOC installation of the 2014-2015 club officers will be **Saturday, September 27, 2014 at Highland Park Pavilion**, formally Delmonico Hall, at 3220 Federal Boulevard, across from Highland Park.

Meeting Place
American Legion Hall Post 1
5400 East Yale Avenue (Yale & I-25), Denver, Colorado
Every Friday Morning, 7:00 – 8:00 am
******INVITE A FRIEND TO JOIN******

Announcements Continued

Greg gave a big thank you to **Steve Kady** who was able to arrange large cones, signage, and message boards for the crew in the street. This helped make it safer and he got it free. A large thank you also goes out to **Triple R Traffic Control and Barricade Rental**.

Greg said that we do need to make one change. The PP team is really a PPP team and the PPP stands for "*Precision Parking Professionals*." One lady asked why our parking lines were a bit crooked. He explained that a special skill set was involved in that there are many soft spots in the field that could result in "stuck in the mud" cars. She responded: "*Oh my you guys are really good!*" The car with the trailer proved to be no challenge for this crew. As with every year, we are very glad to be gone before they all were leaving. No injuries report! No police interfered with our professional approach and directions! And, that blonde in the yellow corvette convertible was amazing!

Unfortunately, Greg proclaimed, "*we did not have the time to erect the honorary **Cy Regan** statue at the field entrance. We believe we performed to his high standards.*" Well-deserved PPP status goes to the following: **Bill Anderson, Barry Barker, Curt Boell, Pat Bush, Ron Gustas, Steve Kady, Wyatt McCallie, Russ Paul, Donlie Smith, Gary Strowbridge, Robert Wardlaw, Scott Walker, and Allen Yockey.**

Celebrate Optimism Gala: Paul Simon tells us the Celebrate Optimism Gala, formerly known, as the Installation Dinner will be held Saturday, September 27th, at Highlands Park Pavilion, 3220 Federal Blvd, please come out and "*Celebrate Optimism.*"

Monaco South 100% Day: Ron Cisco announces that on Friday morning, September 5th we will celebrate 100% Day. Members are encouraged to contact any members who have not attended meetings recently and ask them to attend this meeting for picture and chance to reconnect with the club. This special event began back in '90-'91 when **Bill Walters** was club president and Ron was District Governor. Oh, it is also declared wear your Hawaiian Shirt Day!



Bradley International Auction: Mike McMahon needs help with making connections for a location to host the next Bradley International auction and fund raiser. The event has been very successful and last year it raised \$15,000 for the school. The present location is asking for a higher rental fee and considerably more food commitment. These costs would be deducted from the revenues the school would earn and Mike believes they can save money. If you know of any place or have information, please contact Mike.

Super Citizen School Principals: Robert Wardlaw reminds members that next Friday will be Principals to Breakfast and the club will host those Principals whose schools participate in the Super Citizen program. Plan to attend to meet the leaders of the schools we work with this important program. Also, please consider sponsoring one of these Principals as

FOO designation in our attempts to gather new members. These Principals are a great resource and it is away to spread the word of Optimism.

Sponsors - We Need You: Greg Young states, we currently have three members who have sponsored principals of the schools we support to be Friends of Optimist (FOO). Additionally, two others are currently regular members. We need to make all 10-school principals either members or FOOs. If you want to sponsor a principal as a FOO, just give



Greg Young your check for \$100 and that will get them in. If we get all remaining five principals sponsored, then we will only be five members shy of making "Honor, and possibly Distinguished Club" if **Ron Cisco** succeeds in building a new club that he is currently working on. Will you step up? Give your \$100.00 check to Greg today, and meet your new member at the Principals breakfast on August 15th. If we get enough checks, then there are other organizations or people who currently are not members but who support OCMS or the tree lot that we could honor. Of course, we still need you to bring in young strong regular members to help grow and perpetuate the club!

Brent's Place Pancake Breakfast: Pictures from the July 26, Brent's Place at Presidents Park on the Fitzsimmons Campus in Aurora.



Shown clockwise are Russ Paul, Michael Chavez, Les Larson, and Berry Barker.
Photos Jon Wachter

Let's Walk: Rod Winget wants to remind members that a walk around the neighborhood with other members will take place immediately after the meeting. Come join Rod and have fun!

Wish Them Well List

- ♦ **Don Thomson**, still in the Orchard Park Healthcare Center for his back.
- ♦ **Jack Kitchell**, recovering from hip surgery at home.

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ATTENTION ALL MEMBERS MONACO SOUTH NEEDS NEW MEMBERS

We need new members to achieve honor club. So bring your friends, neighbors, sons or grandsons... get them to join and receive a discount on your next year's dues. Don't forget, for only \$100, you can make them a *Friend of Optimist*, and it counts too! See Greg Young for details.

Our Speaker, Scott King

Type 1 Diabetes, ADA Camp Colorado



Ron Gustas introduces our speaker this morning, Scott King. Scott lives in Castle Rock with his wife and three teenage children. He has a son 14, who was diagnosed with type 1 Diabetes 7 years ago. He also has a 15-year-old daughter, recently diagnosed 2 months ago with Diabetes.

He has been involved with the American Diabetes Association for 7 years. He has also served on Camp Colorado Committee's for 6 years including serving on the Medical Staff.

Our focus this morning is on Type 1 Diabetes. Type 1 Diabetes is usually diagnosed in children or young adults and was previously known as Juvenile Diabetes. Only 5 percent of the people who have Diabetes have this type. In Type 1 diabetes, the body does not have the ability to produce insulin. Insulin is a hormone that is needed to convert sugar, starches, and other food into energy needed for daily life. With the help of insulin therapy and other treatments, even young children can learn to manage their condition and live long, healthy lives.

The mission of Camp Colorado is to foster independence, self-confidence, and awareness of a healthy lifestyle through education, nutrition, exercise, emotional well being, and glucose control in children. The first rule is to be safe, and to have fun. There is nothing the kids cannot do! The camp is held at Eagle Lake in the heart of Pike National Forest, near Woodland Park CO. The program serves 265



Scott King
Photos Don StJohn

kids from 8-17 years of age. The camp is in its 55th year and is totally focused on the kids. Camp Staff, Medical Staff, and others combine to provide education for each child and specific information as to their individual condition.

Kids stay in cabins that house up to seven individuals for a week. They participate in canoeing, zip lining, mountain biking, rock climbing among many outdoor activities. They are designed to show each participant that they can do anything and give them the tools to manage their diabetes. Nighttime activities focus on team building and teaching leadership with the intent on encouraging teens to become mentors.

Camp Colorado is funded through the support of corporations, foundations, organizations, third party events, and individual donations. Ron Gustas mentioned that MSOC along with seven other clubs have partnered together and been able to send 18 children to Camp Colorado. The camp helps kids meet new friends, have a blast, and learn something new about their condition and how they can manage their life.

From the response we have heard from Anastasija, the results are quite positive.



Anastasija Rozdilsky, her mother, Meredith.

Weekly Greeters

8/15/14	Elton Strong & Howdy Fry
8/22/14	Gary Miller & Ralph Pedersen
8/29/14	Fred Pasternack & Tom Hoch
9/5/14	Curt Boell & Bryce Slaby
9/12/14	Bob Avery & Jim Easton
Need Friday morning greeters, see O.C. Larson, 303-797-7432 or larson1942@comcast.net	

Closing Bell

We have \$50 in the Pot for the drawing this morning.



The Three of Spades is the lucky card. **Bryce Slaby, Terry Shroyer, and Dave Peck** all choose the sure thing and take the money of cup. **Tom Mauro** draws the four of spades, oh so close!

Creed

We recite the Creed and all go forth to spread the word of Optimism. Thank you all for sharing your day!



Aug 15	Fri	7:00 am	Meeting, Legion Hall - Super Citizen School Principals
Aug 20	Wed	6:30 pm	Meeting, Legion Hall - Board Meeting, District 4 Council Office, 3540 S. Poplar St., Suite 102
Aug 22	Fri	7:00 am	Meeting, Legion Hall - SolarCity, Chris Ebersberg
Aug 29	Fri	7:00 am	Meeting, Legion Hall - Arapahoe County Sheriff, David Walcher
Sep 5	Fri	7:00 am	Meeting, Legion Hall - 100% Day—everyone needs to be present
Sep 12	Fri	7:00 am	Meeting, Legion Hall - Placing Foreign Exchange Students, Deanna Foss
Sep 17	Wed	6:30 pm	Meeting, Legion Hall - Board Meeting, District 4 Council Office, 3540 S. Poplar St., Suite 102
Sep 12	Fri	7:00 am	Meeting, Legion Hall - TBA
Sep 27	Sat	5:30 pm	MSOC Celebrate Your Optimism Gala, Delmonico Hall, 3220 Federal Blvd.

**Past Presidents of the
Optimist Club of Monaco South**

Bob Rhue	1976-77	Bob Safe	1995-96
Jerry Whitlow	1977-78	Tom Overton	1996-97
Bill Kosena	1978-79	Peter Dimond	1997-98
Duane Wehrer	1979-80	Ralph Symalla	1998-99
Curt Jefferies	1980-81	Cy Regan	1999-00
Frank Middleton	1981-82	Stan Cohen	2000-01
John Young	1982-83	Don St. John	2001-02
Pat Bush	1983-84	Jack Rife	2002-03
Bob Hugo	1984-85	Karl Geil	2003-04
Tom Mauro	1985-86	Bryce Slaby	2004-05
Curt Lorenzen	1986-87	Donlie Smith	2005-06
Oscar Sorensen	1987-88	Paul Bernard	2006-07
Lupe Salinas	1988-89	Greg Young	2007-08
Bob Avery	1989-90	Phil Perington	2008-09
Bill Litchfield	1990-91	Ron Cisco	2009-10
Bill Walters	1991-92	Ed Collins	2010-11
Kent Gloor	1992-93	Randy Marcove	2011-12
Gary Strowbridge	1993-94	Paul Simon	2012-13
Mark Metevia	1994-95		

2013 - 2014 Officers

President	Jon Wachter	303-204-5645
Vice President	Craig Eley	303-758-9499
Vice President	John Oss	720-210-8056
Secretary	Pat Bush	720-747-5482
Treasurer	Greg Young	303-759-3921

Board of Directors

Michael Chavez	303-960-5304
J. R. Gieck	949-636-7614
Jack Kleinheksel	720-938-1760
Mike McMahon	303-514-5175
Fred Pasternack	303-758-3754
Ralph Pedersen	303-759-3384
Michael Short	970-261-6012
Scott Walker	303-803-3338
Paul Simon (Past Pres.)	303-300-9940

Newsletter Committee

Robert Finkelmeier	303-756-5829	rfinkelmeier@comcast.net	Ralph Pedersen	303-759-3384	r.pedersen2658@comcast.net
Jim Piccinelli	303-721-1470	jp Piccinelli@earthlink.net	John Oss	720-210-8056	john.oss4us@gmail.com
Dick Zolman	303-796-8746	rzolman691@aol.com	Paul Stratton	303-366-6375	pcstratton@comcast.net
George Buzick	303-803-2268	gtbuzick@comcast.net	Pat Bush	720-254-3741	pbush@bushreese.com
Robert Wardlaw	303-525-2532	rlawardlaw@gmail.com	Craig Eley	720-771-0866	craigceley@gmail.com

NEWSLETTER EDITORS: Aug **Robert Wardlaw**, Sept **Pat Bush**, Oct **Paul Stratton**, Nov **Phil Perington**

T H E O P T I M I S T C R E E D — Promise Yourself . . .

To be so strong that nothing can disturb your peace of mind.
 To talk health, happiness and prosperity to every person you meet.
 To make all your friends feel that there is something in them.
 To look at the sunny side of everything and make your optimism come true.
 To think only of the best, to work only for the best, and to expect only the best.
 To be just as enthusiastic about the success of others as you are about your own.
 To forget the mistakes of the past and press on to the greater achievements of the future.
 To wear a cheerful countenance at all times and give every living creature you meet a smile.
 To give so much time to the improvement of yourself that you have no time to criticize others.
 To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.