



# Grandiose Utterings of Monaco South

(GUMS)

June 12, 2015 – Vol. 40, Issue 37



## Optimist Club of Monaco South



Founded in 1976 at Denver, Colorado  
Serving Youth and the Community for 39 Years  
Recognized as Outstanding Service Organization in Colorado in 2012



[www.monacosouth.org](http://www.monacosouth.org)

Editor for this Issue—Robert Wardlaw

### Good Morning Optimist

Good morning Optimists! A soggy morning and the rain continues to fall, we are greeted by **Gary Miller** and **Mark Metevia** are on hand to greet everyone as they enter. Gary is standing in for **Noel Hasselgren**. (More on Noel later.)

### First Bell

President John Oss rings the bell promptly at 7 a.m.

### Invocation & Pledge

**Tom Hoch** delivers our invocation this morning, which reminds us to work for international accord. The prayer reminds us that what divides nations many times are trivial matters or lines long ago drawn on a map. What unites us as citizens of this planet are more important, and it asks us to find common goals with our neighbors. Tom then leads us in the Pledge of Allegiance.

### An Optimistic Greeting

**Prez John** then encourages members and guests to greet one another. He asks us to remember the *Optimist Creed* and to try and incorporate it as a way of life.

### Guests

There are several guests with us this morning. **Mike McMahon** has several guests to introduce this morning. His wife **Kim** and his two young sons join him. Mike also introduces **Kimberly Margolis** and her daughter **Regan**, we will hear more about Kimberly later.

President John introduces his wife **Ruthy**, who joins us this morning. John and Ruthy recently celebrated their 54<sup>th</sup> wedding anniversary.

**Steve Kady** continues to harvest interested guests at McDonalds and this morning has resulted in **Bruce Cap**. Cap is the son of a career Army father, who lived in various locations, and Cap grew up playing sports, attended college at Fresno State University. He loves all sport and has continued into coaching

youth sports, most particularly working with kids. A good fit for being an Optimist.

**Paul Simon** takes the microphone and tells members that **Ruthy Oss** is also president elect of the DTC Optimist Club. We have some very distinguished guests this morning, Welcome Guests!

### Announcements

**HOBY Leadership Conference:** **Paul Bernard** announces the HOBY Leadership Seminar will be coming up his weekend at Denver University. The Hugh O'Brian Leadership Seminar (LS) works with high school sophomores to recognize their leadership talents and apply them to become ethical and effective leaders in their home, school, workplace, and community. Be there at 5:15 p.m. to have dinner with them.

**Handouts at Rockies Game:** **Michael Chavez** thanks those members who helped passed out handouts at last Friday's Rockies game. Those helping include **Curt & Sharon Boell**, **Michael White**, **Kent Gloor**, **Dick Nickoloff**, **Everett Gardner**, **Karl & Lesley Geil**, **Scott Walker**, **John Green** and his friends, **Curt & Trish Merrill**, **Joe Marci** and friends, **Tom & Laura Hoch** along with Emily and Jackson, **Frank & Sandy Middleton**, **Bob Avery**, **Greg & Diane Young**, **Russ Paul**, and **Phil Perington**.

**Multiple Sclerosis Bike Ride:** **Michael Chavez** is also looking for more volunteers to staff the lunch stop for the MS Bike Ride, Sunday, June 28. Volunteers will be rehydrating riders, filling water bottles; **Craig Eley** will once again be taking photos of the riders, and supporting this event raises money to help those suffering from MS. Michael needs 4 or 5 more volunteers to staff this event. Great event for a great cause!

Continued on the next page

### We Need New Members



**Meeting Place**  
**American Legion Hall Post 1**  
**5400 East Yale Avenue (Yale & I-25), Denver, Colorado**  
**Every Friday Morning, 7:00 – 8:00 am**  
**\*\*\*\*INVITE A FRIEND TO JOIN\*\*\*\***

## Announcements Continued

**Junior Golf:** Joe Marci reports on the recent golf tournament to raise support for Jr. Golf. On a beautiful June morning, the Optimist Jr. Golf Program held a Scramble Golf tournament at the Park Hill Golf Course. Eleven teams competed for the honor of finishing first. Five teams tied for first and had to have a card playoff. The winning team include long hitters **Lynn Jones** and **Josh Miller** along with great chip-pers and putters **Barry Barker** and **Ron Cisco**. Congrats to them. Other Monaco South golfers included **Harry Fegley**, **Gary Miller**, **Tom Mauro**, **Casey Funk**, **Bob Avery**, **Lupe Salinas**, **Cap Hermann**, **Bob Meyer**, **Ton Hoch**, **Tom Overton**, **Curt Merrill**, and **Joe Marci**.

The first of the Jr. Golf events was held at Fitsimmons, the winning boy shot a 72! Another tournament will be held this Thursday at Flatirons Golf Course in Boulder, Joe is asking any members available to help, to please give him a call.

**Update on Noel Hasselgren:** Gary Miller tells us that **Noel Hasselgren**, who joined the club at the being of the year, recently suffered a serious leg injury, when the swing he was sitting on collapsed and crushed his legs. He is scheduled for surgery this week. Best wishes Noel, for a full and speedy recovery.



Noel Hasselgren  
Photo Craig Eley

**Update on Dr. Ed Fankhauser:** Gary Strowbridge give us an update on **Dr. Ed Fankhauser**. As many are aware, Dr. Ed had a fall a couple weeks ago at home but has recovered and he seemed in good spirits when he attended our meeting last week. A recent visit to his physician found that Dr. Ed has been diagnosed with Alzheimer's disease. Alzheimer's is an irreversible, progressive brain disorder that slowly destroys memory and thinking skills, and eventually the ability to carry out the simplest tasks. Estimates vary but experts suggest that as many as 5 million Americans have Alzheimer's Disease. Dr. Ed founded the Optimist Club of Monaco South, chartered July 20, 1976. His leadership and inspiration has had a positive impact on this community and his life has been a testament to the tenants of Optimism. He will also celebrate a birthday on June 18—we wish Dr. Ed well, a happy birthday, and pledge our support!



Ed Fankhauser  
Photo Craig Eley

### Recognizing a Leading Membership Sponsor

Today's presentation gives us a greater appreciation of the gift aspect and with that, President **John Oss** asked **John Young** to stand up and receive thanks for all the members he has sponsored directly and indirectly. President John talks about the picture of his 90-year-old father holding his 90-day-old great granddaughter.

The Prez shared, "John Young accepted a picture of my *Dad and Granddaughter showing expressions of wonder with the other. John has loved the members he has sponsored with the feeling reciprocated by the*

*new members. I will give the same picture to each new member during the balance of my term as president. The MSOC is like the grateful grandfather holding the precious new member. Both MSOC and the new member are precious and appreciated.*

Pictured at left, is Harold Oss, John's father the day he was 90 years old and Ellen Oss, John's granddaughter the day she was 90 days old.



## Speaking of John Young

**Bob Avery** shares that in his travels he found that John Young is running for office in Louisiana! Well not exactly, this is a lifelong resident of Louisiana. See his campaign webpage at <http://www.johnyoungla.com/>.



## Drawing

President **John Oss** asks, do we have a drawing? Yes and there is a small pot, thanks to Ron Cisco who took the big pot last week, totaling \$20 this morning. Members who hold winning tickets this morning include **Ed Collins** (twice), **Donlie Smith**, **Lynn Jones**, **Dick Zolman**, **Ron Cisco**, and **Scott Walker**. **Wyatt McCallie** stands in for **Craig Eley** this morning and draws **Allan Yockey** who takes another card from the deck. Therefore, it begins!

## Optimist Creed

With the recitation of the *Optimist Creed* we go out to this beautiful day and spread the word of Optimism.

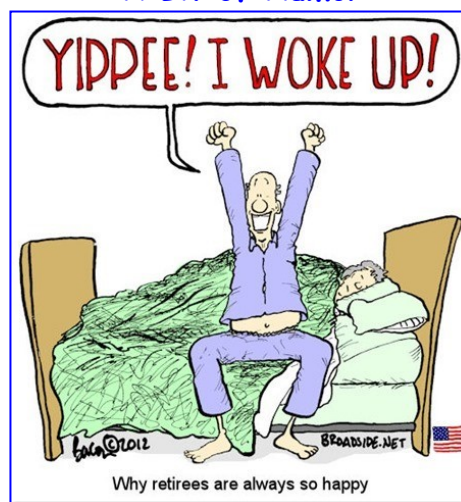
## How Well Do You Know Your Country?

Shared by Jim Tapp

The test was designed by Bill O'Reilly. There are no trick questions. You should get at least 15 to pass. See how well you do. Go to <http://www.billoreilly.com/quiz?categoryID=4&quizID=757>.



## A Bit of Humor



Why retirees are always so happy

Continued on the next page

## Live Kidney Donation

Presented by Mike McMahon & Kim Margolis

Our speaking presentation this morning is a very special one involving our own **Mike McMahon** who takes the microphone. Mike talks about his recent donation of a kidney to his neighbor **Kimberly Margolis**. Kimberly tells us that 26 years ago she was diagnosed with a kidney disease. This diagnosis has had some positive results, she developed a healthy lifestyle, and paid special attention to doing everything she could to help her body fight the disease. Six months ago, she was told that her kidneys were failing and that she needed a donor organ transplant immediate.



Mike McMahon, left, tells his story and then introduces Kimberly Margolis.  
Photos Steve Kady

were weighed before the final determination was set. Mike counts his mental approach as being very helpful during this process. Optimism and his belief in psycho-cybernetics as key elements. Psycho-cybernetics defines the mind-body connection as the core in succeeding attaining personal goals. Developed in the 1960's by physician Maxwell Maltz, this philosophy became the foundation for personal positive goal attainment. Mike became determined for a positive outcome and stated to a pre-screening psychologist that he would return to work and the gym in shorter period than was forecasted.

Mike shared that he viewed this development on Facebook, unaware that Kimberly's diagnosis had become serious, even though they were close neighbors. Mike and his wife Kim discussed this and the idea was brought up to take the test to determine if they might be a donor match. After extensive tests, it was determined that Mike was a match and the decision was made to proceed with the donor process.



Mike, Kimberly Margolis, Mike's wife Kim, Regan, and Mike & Kim's sons.

Meetings, psychological screenings, and many factors

The surgery took place early in the morning and Mike was told his portion of the procedure would take between 92-96 minutes. The process of inserting Mike's kidney into Kimberly lasted for 2½ hours. After both were released from the hospital they recovered at Kimberly's house—Mike's home was undergoing major renovation at the same time and was inhabitable. The recovery process went well and Mike's determination to return quickly to work and exercise regimen did, in fact, happen. Kimberly also had a strong belief in a positive outcome mindset and her recovery has progressed well.

The psychological aspect of organ donation are complicated and both Mike and Kimberly discussed this aspect. Kim talked about the feelings recipients have regarding a gift of this magnitude and how they can process this in a healthy way. Altruism or selflessness is the practice of concern for the welfare of others. How that offering is received is an aspect Kimberly chose to accept in the spirit with which it was given. By continuing to live, her life with a positive spirit and healthy practice ensures that her new kidney will allow her to thrive.

During the questions that followed, we learned that this disease is not genetic, so Regan, Kimberly's daughter, is not susceptible to it. Kimberly's insurance covered the great majority of the costs and Mike did not incur any financial obligation. Mike's new employer was very understanding, further reinforcing his belief that his decision to take the new job was the correct one. One new development that has Kimberly intrigued is her increased appetite and a sweet tooth that she has developed. Dr.'s think that because her failing kidneys caused her system to become so toxic, the new organ has allowed a better ability to taste and gives her body the ability to process the nutrients.

### Weekly Greeters

<b>6/19/15</b>	Tom Glazier & Allen Malask
<b>6/26/15</b>	Nick Newey & ?

**Need Friday morning greeters,  
see Jon Wachter, 303-204-5645 or  
[jon\\_wachter@msn.com](mailto:jon_wachter@msn.com)**

June 18 Thu	6:30 pm	Board Meeting, District 4 Council Office, 3540 S. Poplar St., Suite 102
June 19 Fri	7:00 am	Meeting, Legion Hall - Camaraderie Day
June 26 Fri	7:00 am	Meeting, Legion Hall - Fiduciary Standards for Financial Advisors, Ben Moultrie
June 28 Sun	7:00 am	Multiple Sclerosis Bike Ride, Trail Ridge Middle School, 1000 Button Rock Dr., Longmont
July 3 Fri	7:00 am	Meeting, Legion Hall - TBA
July 10 Fri	7:00 am	Meeting, Legion Hall - Flamenco Guitarist Extraordinaire, Miguel Espinoza
July 16 Thu	6:30 pm	Board Meeting, District 4 Council Office, 3540 S. Poplar St., Suite 102
July 17 Fri	7:00 am	Meeting, Legion Hall - Camaraderie Day

**Past Presidents of the  
Optimist Club of Monaco South**

Bob Rhue	1976-77	Bob Safe	1995-96
Jerry Whitlow	1977-78	Tom Overton	1996-97
Bill Kosena	1978-79	Peter Dimond	1997-98
Duane Wehrer	1979-80	Ralph Symalla	1998-99
Curt Jefferies	1980-81	Cy Regan	1999-00
Frank Middleton	1981-82	Stan Cohen	2000-01
John Young	1982-83	Don St. John	2001-02
Pat Bush	1983-84	Jack Rife	2002-03
Bob Hugo	1984-85	Karl Geil	2003-04
Tom Mauro	1985-86	Bryce Slaby	2004-05
Curt Lorenzen	1986-87	Donlie Smith	2005-06
Oscar Sorensen	1987-88	Paul Bernard	2006-07
Lupe Salinas	1988-89	Greg Young	2007-08
Bob Avery	1989-90	Phil Perington	2008-09
Bill Litchfield	1990-91	Ron Cisco	2009-10
Bill Walters	1991-92	Ed Collins	2010-11
Kent Gloor	1992-93	Randy Marcove	2011-12
Gary Strowbridge	1993-94	Paul Simon	2012-13
Mark Metevia	1994-95	Jon Wachter	2013-14

**2014 - 2015 Officers**

President	John Oss	720-210-8056
Vice President	Craig Eley	303-758-9499
Vice President	Don Iley	303-840-7706
Secretary	Curt Boell	303-980-1893
Treasurer	Greg Young	303-759-3921

**Board of Directors**

Barry Barker	813-545-4533
Pat Bush	303-750-9409
J. R. Gieck	949-636-7614
Tom Glazier	303-522-5214
Cap Hermann	303-587-5575
Jack Kleinheksel	720-938-1760
Fred Pasternack	303-758-3754
Ralph Pedersen	303-759-3384
Jon Wachter (Past Pres.)	303-204-5645

**Newsletter Committee**

Robert Finkelmeier	303-756-5829	<a href="mailto:rfinkelmeier@comcast.net">rfinkelmeier@comcast.net</a>	Ralph Pedersen	303-759-3384	<a href="mailto:r.pedersen2658@comcast.net">r.pedersen2658@comcast.net</a>
Jim Piccinelli	303-721-1470	<a href="mailto:jp Piccinelli@earthlink.net">jp Piccinelli@earthlink.net</a>	Phil Perington	303-832-4578	<a href="mailto:perington@msn.com">perington@msn.com</a>
Dick Zolman	303-796-8746	<a href="mailto:rz6267@gmail.com">rz6267@gmail.com</a>	Paul Stratton	303-366-6375	<a href="mailto:pcstratton@comcast.net">pcstratton@comcast.net</a>
George Buzick	303-803-2268	<a href="mailto:gtbuzick@comcast.net">gtbuzick@comcast.net</a>	Pat Bush	720-254-3741	<a href="mailto:pbush@bushreese.com">pbush@bushreese.com</a>
Robert Wardlaw	303-525-2532	<a href="mailto:rlawardlaw@gmail.com">rlawardlaw@gmail.com</a>	Craig Eley	720-771-0866	<a href="mailto:craigceley@gmail.com">craigceley@gmail.com</a>

**NEWSLETTER EDITORS:** July Pat Bush, Aug Paul Stratton, Sept Phil Perington

**THE OPTIMIST CREED — Promise Yourself . . .**

- To be so strong that nothing can disturb your peace of mind.
- To talk health, happiness and prosperity to every person you meet.
- To make all your friends feel that there is something in them.
- To look at the sunny side of everything and make your optimism come true.
- To think only of the best, to work only for the best, and to expect only the best.
- To be just as enthusiastic about the success of others as you are about your own.
- To forget the mistakes of the past and press on to the greater achievements of the future.
- To wear a cheerful countenance at all times and give every living creature you meet a smile.
- To give so much time to the improvement of yourself that you have no time to criticize others.
- To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.